

2021 TRAINING CATALOG

FALL

ABOUT US

Center for Afterschool, Summer and Enrichment for Kids (CASE)

CASE for Kids, a division of Harris County Department of Education, services improve program quality and equalize access to afterschool, summer and enrichment opportunities – because what happens between school and home matters. To learn more about CASE for Kids services, visit www.hcde-texas.org/after-school

Harris County Department of Education (HCDE)

HCDE is a unique, educational hybrid serving school districts, governmental agencies, nonprofits and the public in the third-largest county in the U.S. HCDE annually serves a quarter-million students and educators through schools for students with profound special needs; the largest adult education program in Texas; Head Start early childhood education; school-based therapy services; and afterschool programs. Educator professional development and certification, school safety, records management, and a purchasing cooperative are also provided. #SeeTheImpact at www.hcde-texas.org.

PD OPTIONS

CASE for Kids strives to offer multiple professional development options to meet the needs of Out-of-School Time (OST) field. Let us know what you need!

We offer:

- In- person workshop opportunities
- Live webinars
- Trauma Informed Care Series
- Virtual library of recorded webinars
- 24/7 training available through Cypherworx online platform
- CASE Quality Team recommendations for free national webinars

Please note that some trainings may have to be converted to virtual sessions depending on COVID 19 changes. Participants will be notified.

SEPTEMBER

Click on workshop type and date to register.

Certificates are provided based on participation and time in workshop.

Registrants will be notified about any changes to workshops based on COVID-19 impact

Motivate to Learn

[Live webinar, Friday, September 24, 2021 10 am- 12:00 pm](#)

Individual differences in personality, temperament and learning style can affect child and youth development. Afterschool staff must understand motivation theories to spark learning as well as motivate and inspire students. This course will provide information on five of the most popular motivational models/tools to become a great motivator including influencing skills and goal setting.

Navigating Rough Waters: Post-Pandemic and Children's Mental Health

[Live, in-person workshop, Friday, September 24, 2021 10:00 am- 12:00 pm](#)

Although the pandemic may be receding, another wave is now washing over us: skyrocketing mental health concerns. But what is typical childhood behavior? When should I be concerned? And if a child does begin to experience a mental health issue, what can I do? In this interactive webinar, participants learn about signs and symptoms of mental health concerns and 3 strategies for helping children who may be developing mental health issues post-pandemic.

*In-person workshops will be held at
6005 Westview Drive, Houston*

OCTOBER

Click on workshop type and date to register.

Certificates are provided based on participation and time in workshop.

Registrants will be notified about any workshop changes based on COVID-19 impact.

Exploring CASEL 3 Signature SEL Practices

[Live, in-person workshop, Friday, October 1, 2021 10:00 am- 12:00pm Rm. 1012, CASE for Kids](#)

Social Emotional Learning (SEL) can have a huge impact on students in your OST program. CASEL (Collaborative for Academic, Social and Emotional Learning) has identified three signature SEL practices that create conditions for growth and learning across all five SEL competencies. In this workshop, we will explore these practices and develop strategies to incorporate them into OST programming.

Professional Learning Community: Pivot and Re-Imagine

[Live webinar, Tuesday, October 5, 2021 10:00 am-11:30 am](#)

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships. Discussion will focus on what has changed in our OST community and how we can use these changes to move ahead productively and stronger than ever!

*In-person workshops will be held at
6005 Westview Drive, Houston*

TRAUMA INFORMED CARE SERIES

Click on workshop type and date to register.

Join us for the series or individual workshops. Complete descriptions are noted by date.

Trauma Informed Care Series: Understanding Trauma and Its Impact

[Live in-person workshop, Thursday, October 14, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

Trauma Informed Care Series: Understanding Your Experiences and Building Resilience

[Live in-person workshop, Thursday, October 21, 2021, 10:00am - 11:30 am, Rm. 1012 CASE for Kids](#)

Trauma Informed Care Series: Understanding Your Students' Experiences

[Live in-person workshop, Thursday, October 28, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

Trauma Informed Care Series: Building Secure Relationships

[Live in-person workshop, Thursday, November 4, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

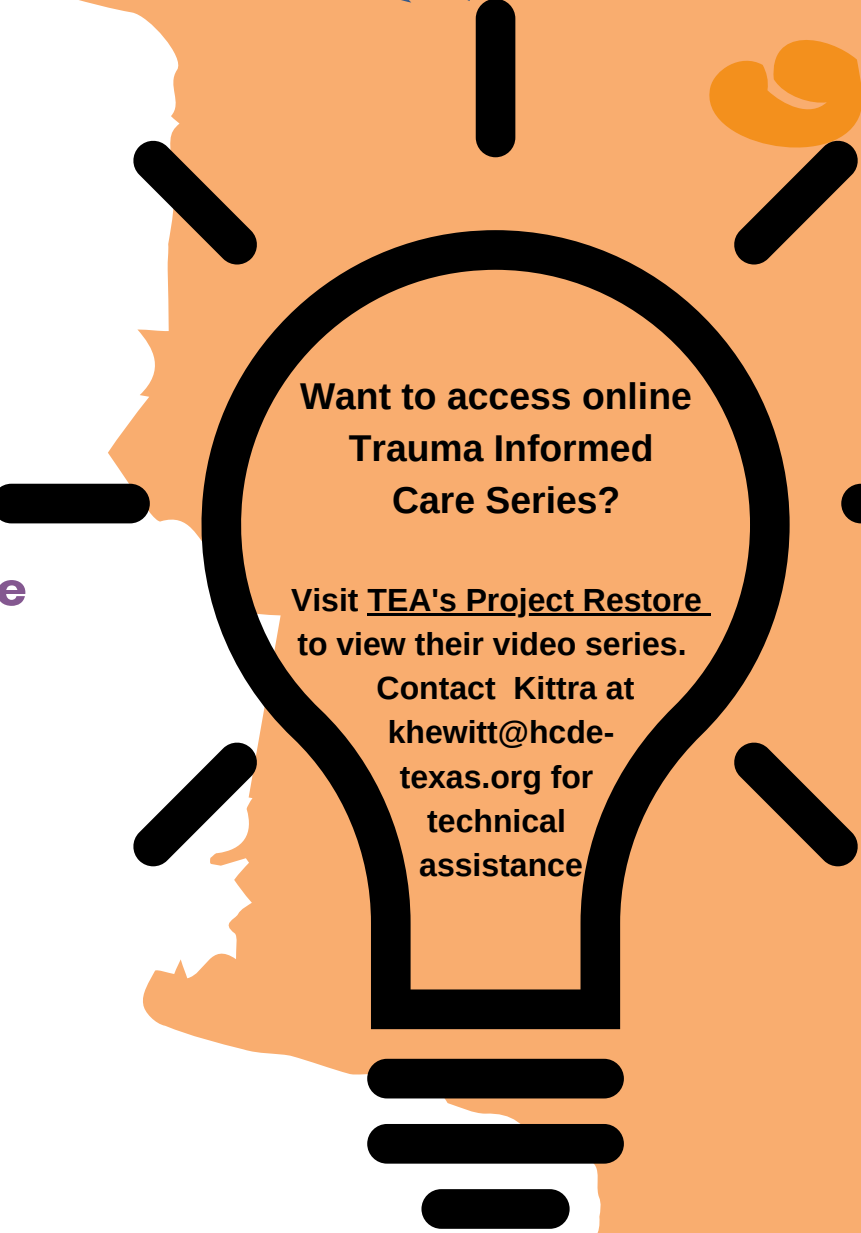
Trauma Informed Care Series: Developing a Positive OST Classroom Culture

[Live in-person workshop, Thursday, November 11, 2021, 10:00am - 11:30 am, Rm. 1012, CASE for Kids](#)

Trauma Informed Care Series: Building Strong Partnerships with Students' Families

[Live in-person workshop, Thursday, November 18, 2021, 10:00am - 11:30 am, Rm. 1012, CASE for Kids](#)

*In-person workshops will be held
at
6005 Westview Drive, Houston*

A large, stylized lightbulb graphic with a black outline and several short black lines radiating from the top and sides, suggesting an idea or inspiration. The lightbulb is positioned on the right side of the page, partially overlapping the orange background.

Want to access online
Trauma Informed
Care Series?

Visit [TEA's Project Restore](#)
to view their video series.
Contact Kittra at
[khewitt@hcde-
texas.org](mailto:khewitt@hcde-texas.org) for
technical
assistance

OCTOBER

Click on workshop type and date to register.

Certificates are provided based on participation and time in workshop.

Registrants will be notified of any workshop changes based on Covid-19 impact.

Brain Breaks for OST Programs

[Live webinar, Friday, October 8, 2021 10:00am-12:00 pm](#)

We all need a break for our brain, even our children. What are brain breaks? A short opportunity to allow kids to just be kids, refocus their thinking and attention, and allow for timed breaks to play and engage upon their own interest during cognitive learning! Learn about brain development research and enjoy a variety of examples through hands-on demonstrations and small group learning activities. This will allow for WHAT "brain breaks" entail and should look like in the classroom setting. Receive a hand-out of ideas, play activities for transitions and enjoy collaborating with peers and demonstrating the process and benefit of brain breaks.

Trauma Informed Care Series: Understanding Trauma and Its Impact

[Live in-person workshop, Thursday, October 14, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

This workshop will introduce you to the science of trauma and how it manifests in behavior, emotions, learning, and the body. You will also be given space to reflect on the impacts of stress in your life and how to recognize the effects of stress in both yourself and your students. Finally, you will be introduced to the science of neuroplasticity and the role that educators play in building resilience in students.

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Teaching 21st Century Skills Through Physical Activity aligned with Academics and SEL

[Live webinar, Friday, October 15, 2021 10:00am-11:30 am](#)

OST programs play a critical role in teaching today's youth 21st-century skills to excel both academically and in society. Often overlooked, is how traditional academic standards and social emotional-learning content can be integrated into physical activity in a fun and engaging way for K-8. Explore active learning, engage in an interactive discussion on current physical activity programming, share best practices, and current barriers, and take away more than thirty applications of physical activities aligned with Math, English Language Arts Standards, and Social-Emotional Learning skills.

Trauma Informed Care Series: Understanding Your Experiences and Building Resilience

[Live in-person workshop, Thursday, October 21, 2021, 10:00am - 11:30 am, Rm. 1012 CASE for Kids](#)

In this workshop, you will take time and space to reflect on how you as an educator have been impacted by the pandemic. You will learn more about the science of resilience and how to recognize the impacts of stress on your behavior and emotions. Finally, you will be guided through building a protective buffer for yourself.

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Slow Down with Gratitude

[Live webinar, Friday, October 22, 2021 10:00am-12:00 pm](#)

In this session we will explore gratitude as a tool for maintaining happiness and building relationships within yourself, with teams and one on one. Participants will continue to develop healthy activities and accountability forums addressing mindfulness, body awareness, community and connection, digital and social media consciousness in order to build new habits that promote learning, connection and a sense of community

Trauma Informed Care Series: Understanding Your Students' Experiences

[Live in-person workshop, Thursday, October 28, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

In this workshop, you will reflect on the stress students have experienced throughout the pandemic. You will begin learning how to identify stress-related behavior in students and how to recognize dysregulation. Explore how relationships contribute to resilience and learn strategies for strengthening relationships with students

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NOVEMBER

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Trauma Informed Care Series: Building Secure Relationships

[Live in-person workshop, Thursday, November 4, 2021, 10:00am - 11:30 am Rm. 1012 CASE for Kids](#)

This workshop will introduce you to more strategies for building strong and secure relationships with students to promote resilience and safety. You will learn reflective strategies for improving relationship-building and for easing the transition between learning models. Finally, you will develop strategies for calming and de-escalating students when stress impacts behavior

STEAM in Afterschool

[Live webinar, Friday, November 5, 2021 10:00am-12:00 pm](#)

Let's face it...after school programs begin at the end of the day. It is time to flip the switch and make the end the most dynamic part of the day. Discover resources for developing and maintaining after-school programs that are fun, age appropriate, and encourage STEAM through hands-on play, social interactions, and building leadership strategies. Using games, video examples, research, and participatory small groups, attendees will have a blast learning and applying techniques back into their own programs! Participants will also be given follow-up resources to sustain knowledge and support their programs.

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Mind Matters: Overcoming Adversity and Building Resiliency

Live in-person workshop, Friday, November 5, 2021, 10:00am - 12:00 pm, Rm. 1012, CASE for Kids*

Too many students experience on-going stress, and all too often the underlying trauma of Adverse Childhood Experiences (ACEs) takes a toll. Mind Matters gives OST professionals a way to directly help young people who may have experienced trauma in their lives build skills to self-regulate. During the workshop you will learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery. * originally scheduled for November 12

Professional Learning Community: Focus on You, Heart of OST

Live webinar, Tuesday, November 9, 2021 10:00 am-11:30 am

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships. Participate in guided exercises to examine your core values and how they support the profession. Discussion will focus on your role as the heart of OST and how you can impact students.

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NOVEMBER

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Trauma Informed Care Series: Developing a Positive OST Classroom Culture

Live in-person workshop, Thursday, November 11, 2021, 10:00am - 11:30 am, Rm. 1012, CASE for Kids

In this workshop, you will learn strategies for creating safe and culturally responsive classroom environments. You will have opportunities to reflect on and apply strategies to your classroom setting, with a focus on promoting emotional regulation and safety for students.

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NOVEMBER

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8 Simple Strategies for Classroom Management

[Live webinar, Friday, November 12, 2021, 10:00 am-12:00 pm](#)

How do I manage kids? Do you wonder where to begin? Explore, learn and engage in hands-on activities, personal connections and strategies to utilize with youth from all backgrounds. We will dialogue about how to develop strong relationships with youth, lead by example and inspire your students.

Trauma Informed Care Series: Building Strong Partnerships with Students' Families

[Live in-person workshop, Thursday, November 18, 2021, 10:00am - 11:30 am, Rm. 1012, CASE for Kids](#)

In this workshop, you will explore strategies for connecting and building partnerships with students' families in light of COVID-19. You will also have opportunities to reflect on your own style of relationship-building and to learn more about secure caregiver-educator partnerships. Finally, this video will connect you to strategies for supporting families as they seek to protect their children from the impacts of stress at home.

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LEADERSHIP SYMPOSIUM

Live webinar, Friday, November 19, 2021, 9:30 am - 1:00 pm

**" If your actions inspire others to dream more, learn more, do more and become more,
you are a leader"
- John Quincy Adams**

Challenge yourself to explore new perspectives, and make key connections about your leadership skills! Content of the Symposium is applicable for both current OST leaders and aspiring leaders. Interact with your peers to build relationships that will strengthen the OST field and build your leadership capacity.

Symposium will include a group overview and three 1- hour workshops. Details on workshops and logistics will be emailed once registered for the free Symposium. Certificates for 3 hours of professional development credit and resources will be sent post Symposium.

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DECEMBER

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Making a Positive Impact Through Student Leadership

[Live webinar, Friday, December 3, 2021, 10:00am - 12:00 pm](#)

They say that leaders are born, not made. While it is true that some people are born leaders, some leaders are born amid adversity. Often, students who have never had a leadership role will stand up and take the lead when a situation they care about requires it. Once students demonstrate leadership, they will build the confidence to make a positive impact on the program and others. This workshop is designed to help OST staff create leadership opportunities with every situation and interaction in the program

Understanding Challenging Behavior

[Live webinar, Friday, December 10, 2021, 10:00 am- 11:30 am](#)

Behavior is the language of need and it's our job to figure out what the youth in our care are telling us. We'll explore ways to recognize the triggers that can cause challenging behavior in school age kids and we'll take a look at how important our preparation, reactions and responses can be in successfully handling a situation in positive and productive ways.

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DECEMBER

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Certificates are provided based on participation and time in workshop.

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Professional Learning Community: What is Your OST Culture?

[Live webinar, Tuesday, December 7, 2021 10:00 am-11:30 am](#)

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships. In this interactive session, we will examine how culture develops in an OST program and its impact on Social Emotional Learning. Discussion will focus on your role in facilitating culture shift to benefit your program.

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RECORDED WEBINARS

The virtual library of recorded webinars features local OST content experts and CASE for Kids staff. Registration is required to view a recording. Certificates of attendance will be provided. Each new webinar held this summer will have a recorded webinar posted that week.

Topics include:

Social and Emotional Learning (SEL) for students and adults

Activities for OST programs (direct care and virtual)

Classroom/Behavior Management

Communication

Literacy/Numeracy

[Click to view topics & register](#)

NATIONAL WEBINARS

[Click to Science
Virtual Lab School](#)

[Afterschool Alliance](#)

[CASEL](#)

[ASCD](#)

[edWeb](#)

[Common Sense Education](#)

**Please note that Harris County Department of Education/CASE for Kids does not control or guarantee the accuracy, relevance, timeliness or completeness of any outside information on these sites. Further, the inclusion of these links is not intended to endorse any views expressed, or products or services offered on these outside sites, or the organizations sponsoring the sites. As always, follow your district's or organizations policies.*

CYPHERWORX

CASE for Kids Sponsored On-Line Training Opportunity

Access additional opportunities for professional development through courses designed for OST professionals. These training opportunities are available 24/7 using any device. Individual users can track course progress and print a certificate upon completion! Supervisors can contact Kathy Evans (kevans@hcde-texas.org) to learn how they can individualize the system for their staff.

Topics include:

- **Developmental stages of school age youth**
- **Activity planning**
- **Guiding behavior/Safety**
- **Professionalism**

Courses are appropriate for front line staff and supervisors.

Review the course catalog
Register to access online training

CONTACT US

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713-696-1331

Learn more:

www.hcde-texas.org/afterschoolzone



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